

# La Nordique de Castries

## Classement général 11.6 km



Rang	N°	Nom Prénom	Sexe	Nati	Cat.	Licence	Club	Dep.	Tour1	Tour2	Tour3	Penali	Officiel	Moyen
11.6 km														
1.	64	BONIN Yannick	M	(1.)	FRA	M2M ( )	2166349	MARCHE NORDIQUE EN PYRENEES	066	00:18:13.3	00:37:42.2	00:57:29.6	01:17:29.7	8.9
2.	18	DOMAS Aurelien	M	(2.)	FRA	M1M ( )	2424583	GARONS ASSOCIATION D'ATHLETISME	030	00:18:41.1	00:38:29.6	00:58:49.0	01:18:58.9	8.8
3.	24	SOUQUE Christian	M	(3.)	FRA	M5M ( )	2178054	MAUGUIO CARNON ATHLETISME	034	00:18:59.3	00:38:39.7	00:58:55.2	01:19:09.8	8.7
4.	60	BETARD Olivier	M	(4.)	FRA	M4M (1.)	1596484	ENTENTE SPORTIVE NORD VAUCLUSE*	084	00:18:55.4	00:39:08.3	00:59:14.4	01:19:55.2	8.7
5.	78	AGUADO Jean-Francois	M	(5.)	FRA	M4M (2.)	1606155	LA MARCHE NORDIQUE CASTRIES	034	00:18:54.8	00:38:59.3	00:59:20.5	01:20:22.6	8.6
6.	70	CAMPOS Pierre	M	(6.)	FRA	M4M (3.)	1854605	GARONS ASSOCIATION D'ATHLETISME	030	00:19:09.7	00:39:27.8	00:59:55.6	01:20:56.0	8.5
7.	74	BIGUET Frederic	M	(7.)	FRA	M4M (4.)	2323466	MARCHE NORDIQUE EN PYRENEES	066	00:19:00.9	00:39:07.9	01:00:11.7	01:21:15.7	8.5
8.	72	PERICHON Michel	M	(8.)	FRA	M5M (1.)	1984726	LA MARCHE NORDIQUE CASTRIES	034	00:19:16.6	00:39:28.4	01:00:12.0	01:21:17.0	8.5
9.	30	CHEVALLIER Flavien	M	(9.)	FRA	M3M (1.)	2151887	LA MARCHE NORDIQUE CASTRIES	034	00:19:20.5	00:39:47.8	01:00:44.5	01:22:08.4	8.4
10.	48	TALBOTIER Sandrine	F	(1.)	FRA	M2F ( )	2162480	LA MARCHE NORDIQUE CASTRIES	034	00:19:23.2	00:39:55.5	01:01:07.0	01:22:41.2	8.4
11.	62	DRIE Christophe	M	(10.)	FRA	M3M (2.)	2218350	GARONS ASSOCIATION D'ATHLETISME	030	00:19:40.5	00:41:01.8	01:02:03.0	01:23:38.5	8.3
12.	75	GRAU-VIEL Linda	F	(2.)	FRA	M2F ( )	2138166	ATHLETIC CLUB LATITUDE 30	030	00:19:35.9	00:40:48.0	01:02:16.7	01:23:50.8	8.3
13.	20	CHAMPROSE Fabienne	F	(3.)	FRA	M3F ( )	1692904	ATHLE 11*	011	00:19:56.3	00:41:05.3	01:02:39.6	01:24:02.2	8.2
14.	16	GRAFTIAUX Didier	M	(11.)	FRA	M6M (1.)	2413280	MAUGUIO CARNON ATHLETISME	034	00:20:10.7	00:41:04.3	01:02:32.1	01:24:18.4	8.2
15.	31	KANEL Laurent	M	(12.)	FRA	M3M (3.)	2422783	GARONS ASSOCIATION D'ATHLETISME	030	00:19:27.0	00:40:34.5	01:02:21.3	01:24:29.3	8.2
16.	26	CHEVET Janny	M	(13.)	FRA	M6M (2.)	1578005	VINEUIL SPORTS	041	00:20:18.7	00:41:25.5	01:03:04.4	01:24:40.1	8.2
17.	29	BONFILS Gerard	M	(14.)	FRA	M5M (2.)	1790287	ENTENTE SPORTIVE NORD VAUCLUSE*	084	00:19:50.0	00:42:03.4	01:03:41.7	01:25:36.5	8.1
18.	81	ALIBERT Bruno	M	(15.)	FRA	M5M (3.)	2483677	LA MARCHE NORDIQUE CASTRIES	034	00:21:20.9	00:42:49.1	01:05:00.8	01:26:50.4	8.0
19.	51	GALAUP Patrick	M	(16.)	FRA	M3M (4.)	2377697	MAUGUIO CARNON ATHLETISME	034	00:21:10.1	00:42:58.1	01:05:14.4	01:26:54.4	8.0
20.	79	ANDRIEU Jacques	M	(17.)	FRA	M6M (3.)	2323468	MARCHE NORDIQUE EN PYRENEES	066	00:21:02.6	00:42:56.7	01:05:10.9	01:27:08.9	7.9
21.	15	BIGEL Vincent	M	(18.)	FRA	M5M (4.)	897338	SAINT-MATHIEU ATHLETIC	034	00:19:59.4	00:42:18.7	01:05:17.5	01:27:28.2	7.9
22.	57	COURQUET Annette	F	(4.)	FRA	M5F (1.)	233158	GARONS ASSOCIATION D'ATHLETISME	030	00:21:10.3	00:43:05.4	01:05:25.8	01:28:01.5	7.9
23.	47	LE GOFF Cathy	F	(5.)	FRA	M4F (1.)	2373829	LA MARCHE NORDIQUE CASTRIES	034	00:20:36.4	00:42:20.9	01:04:49.7	01:28:23.7	7.8
24.	19	CHAMPROSE Regis	M	(19.)	FRA	M2M (1.)	1863530	GRUISSAN SPORTS EVENEMENTS	011	00:21:41.0	00:43:33.4	01:06:05.1	01:28:47.6	7.8
25.	83	CONSTANT Pierre	M	(20.)	FRA	M4M (5.)	2293228	ENTENTE SPORTIVE NORD VAUCLUSE*	084	00:20:54.3	00:43:33.9	01:06:09.8	01:28:50.5	7.8
26.	76	ROTH Jean-Bernard	M	(21.)	FRA	M5M (5.)	2248278	ENTENTE SPORTIVE NORD VAUCLUSE*	084	00:21:17.9	00:43:35.3	01:06:22.2	01:28:59.6	7.8
27.	25	RAYNAL Ghislain	M	(22.)	FRA	M5M (6.)	2256243	MAUGUIO CARNON ATHLETISME	034	00:21:55.5	00:44:21.3	01:06:59.4	01:28:59.7	7.8
28.	58	VANDEVOORDE Aline	F	(6.)	FRA	M1F (1.)	2325309	LA MARCHE NORDIQUE CASTRIES	034	00:21:30.0	00:43:58.4	01:06:31.6	01:29:06.8	7.8
29.	52	CRUNEL Alain	M	(23.)	FRA	M6M (4.)	290157	LA MARCHE NORDIQUE CASTRIES	034	00:21:22.9	00:43:58.6	01:07:00.2	01:29:07.2	7.8
30.	34	CHEVET Christine	F	(7.)	FRA	M5F (2.)	1337671	LA MARCHE NORDIQUE CASTRIES	034	00:21:41.5	00:44:00.3	01:06:32.0	01:29:19.6	7.7
31.	71	BATTUT Alain	M	(24.)	FRA	M5M (7.)	2124223	MAUGUIO CARNON ATHLETISME	034	00:20:14.5	00:42:19.6	01:05:13.3	01:29:34.7	7.7
32.	12	GONZALEZ Muriel	F	(8.)	FRA	M4F (2.)	1799160	CLUB ATHLETIC BRIOUDE	043	00:21:13.2	00:43:27.4	01:06:28.2	01:29:59.2	7.7
33.	32	ETCHEGOIN Philippe	M	(25.)	FRA	M6M (5.)	1878530	ATHLETIC CLUB LATITUDE 30	030	00:21:40.3	00:43:55.0	01:06:48.3	01:30:18.5	7.7
34.	54	VEYRUNES Jean-Luc	M	(26.)	FRA	M7M (1.)	1997615	LA MARCHE NORDIQUE CASTRIES	034	00:21:38.4	00:44:31.7	01:07:38.8	01:30:54.7	7.6
35.	85	HANKE Jeremie	M	(27.)	FRA	M1M (1.)	2178498	LA MARCHE NORDIQUE CASTRIES	034	00:22:14.9	00:44:37.6	01:07:33.5	01:30:54.9	7.6

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36.	17	PIOT Patrick	M	(28.)	FRA	M5M (8.)	2337243 MONTPELLIER ATHLETIC MEDITERRANEE	034	00:22:23.5	00:45:13.6	01:09:05.1		<b>01:32:11.9</b>	7.5
37.	27	TELLO Jean-Francois	M	(29.)	FRA	M5M (9.)	2159822 ATHLETIC CLUB LATITUDE 30	030	00:22:29.5	00:45:26.9	01:08:55.3		<b>01:32:45.5</b>	7.5
38.	59	YRLES Yves	M	(30.)	FRA	M5M (10.)	2306090 GARONS ASSOCIATION D'ATHLETISME	030	00:21:45.5	00:44:42.3	01:08:38.6		<b>01:33:05.3</b>	7.4
39.	<b>50</b>	<b>BAUDOUIIN Alain</b>	<b>M</b>	<b>(31.)</b>	<b>FRA</b>	<b>M8M (1.)</b>	<b>1776318 ATHLETIC CLUB LATITUDE 30</b>	<b>030</b>	<b>00:22:20.7</b>	<b>00:45:54.8</b>	<b>01:10:12.5</b>		<b>01:33:43.7</b>	<b>7.4</b>
40.	73	FOPPOLI Sebastien	M	(32.)	FRA	M3M (5.)			00:22:02.5	00:45:54.0	01:09:42.4		<b>01:34:14.3</b>	7.3
41.	36	BAGEZ BERNET Didier	M	(33.)	FRA	M4M (6.)	2100591 MAUGUIO CARNON ATHLETISME	034	00:22:16.8	00:45:26.4	01:09:39.6		<b>01:34:37.8</b>	7.3
42.	46	FALCA Laurent	M	(34.)	FRA	M5M (11.)	1718603 MAUGUIO CARNON ATHLETISME	034	00:22:35.9	00:46:00.8	01:10:10.5		<b>01:34:45.2</b>	7.3
43.	63	BOUSQUET David	M	(35.)	FRA	M4M (7.)	1721385 ENTENTE SPORTIVE NORD VAUCLUSE*	084	00:22:10.1	00:45:41.8	01:10:22.2		<b>01:34:50.9</b>	7.3
44.	43	DESPIN Henri	M	(36.)	FRA	M5M (12.)	2272444 LA MARCHE NORDIQUE CASTRIES	034	00:22:25.8	00:46:15.5	01:10:48.0		<b>01:35:02.7</b>	7.3
45.	<b>8</b>	<b>CLARET Laurence</b>	<b>F</b>	<b>(9.)</b>	<b>FRA</b>	<b>M4F (3.)</b>	<b>2377739 MAUGUIO CARNON ATHLETISME</b>	<b>034</b>	<b>00:22:33.2</b>	<b>00:46:29.9</b>	<b>01:11:00.6</b>		<b>01:35:49.9</b>	<b>7.2</b>
46.	<b>49</b>	<b>METRO Alix</b>	<b>F</b>	<b>(10.)</b>	<b>FRA</b>	<b>SEF (1.)</b>	<b>2153986 MAUGUIO CARNON ATHLETISME</b>	<b>034</b>	<b>00:22:57.8</b>	<b>00:48:15.5</b>	<b>01:12:32.7</b>		<b>01:36:15.1</b>	<b>7.2</b>
47.	<b>69</b>	<b>ARMAND Christina</b>	<b>F</b>	<b>(11.)</b>	<b>FRA</b>	<b>M2F (1.)</b>	<b>2306155 MAUGUIO CARNON ATHLETISME</b>	<b>034</b>	<b>00:22:49.4</b>	<b>00:46:49.3</b>	<b>01:11:40.3</b>		<b>01:36:29.1</b>	<b>7.2</b>
48.	<b>65</b>	<b>VELA Fabien</b>	<b>M</b>	<b>(37.)</b>	<b>FRA</b>	<b>M0M (1.)</b>	<b>2198395 MARCHE NORDIQUE EN PYRENEES</b>	<b>066</b>	<b>00:23:39.1</b>	<b>00:48:14.8</b>	<b>01:12:43.8</b>		<b>01:36:36.0</b>	<b>7.2</b>
49.	<b>41</b>	<b>GERMAIN Elouan</b>	<b>M</b>	<b>(38.)</b>	<b>FRA</b>	<b>M0M (2.)</b>			<b>00:23:39.9</b>	<b>00:48:26.9</b>	<b>01:12:44.9</b>		<b>01:36:37.0</b>	<b>7.2</b>
50.	44	LICHENSKY Jacques	M	(39.)	FRA	M6M (6.)	2393533 LA MARCHE NORDIQUE CASTRIES	034	00:23:31.2	00:48:00.1	01:12:24.8		<b>01:37:26.5</b>	7.1
51.	<b>33</b>	<b>REYNAUD Sandra</b>	<b>F</b>	<b>(12.)</b>	<b>FRA</b>	<b>M2F (2.)</b>	<b>2258007 GARONS ASSOCIATION D'ATHLETISME</b>	<b>030</b>	<b>00:22:29.5</b>	<b>00:47:26.8</b>	<b>01:12:48.4</b>		<b>01:38:17.7</b>	<b>7.0</b>
52.	<b>21</b>	<b>LANDEMAINE Beatrice</b>	<b>F</b>	<b>(13.)</b>	<b>FRA</b>	<b>M6F (1.)</b>	<b>2098010 MAUGUIO CARNON ATHLETISME</b>	<b>034</b>	<b>00:22:35.5</b>	<b>00:46:42.7</b>	<b>01:12:30.2</b>		<b>01:38:27.3</b>	<b>7.0</b>
53.	84	LIGARY Patrice	M	(40.)		M5M (13.)	CEVENNES LIBRES		00:22:50.5	00:47:16.2	01:12:41.7		<b>01:38:28.8</b>	7.0
54.	11	VERRIERE Dominique	M	(41.)	FRA	M6M (7.)	MEZE MARCHE NORDIQUE		00:23:38.8	00:48:20.7	01:13:02.4		<b>01:38:32.2</b>	7.0
55.	<b>9</b>	<b>SAUVETERRE Catherine</b>	<b>F</b>	<b>(14.)</b>	<b>FRA</b>	<b>M4F (4.)</b>	<b>1900874 MAUGUIO CARNON ATHLETISME</b>	<b>034</b>	<b>00:23:04.3</b>	<b>00:47:33.0</b>	<b>01:13:00.9</b>		<b>01:39:28.1</b>	<b>6.9</b>
56.	<b>38</b>	<b>SABIANI Marie-Pierre</b>	<b>F</b>	<b>(15.)</b>	<b>FRA</b>	<b>M4F (5.)</b>	<b>ASSP VERGEZE</b>		<b>00:24:15.0</b>	<b>00:49:33.3</b>	<b>01:14:41.9</b>		<b>01:39:53.0</b>	<b>6.9</b>
57.	6	FONDEUR Jean-Christophe	M	(42.)	FRA	M3M (6.)			00:23:01.1	00:47:51.6	01:13:48.8		<b>01:39:58.8</b>	6.9
58.	<b>77</b>	<b>MORENA Letizia</b>	<b>F</b>	<b>(16.)</b>	<b>FRA</b>	<b>M3F (1.)</b>	<b>2227438 ENTENTE SPORTIVE NORD VAUCLUSE*</b>	<b>084</b>	<b>00:23:30.3</b>	<b>00:48:29.6</b>	<b>01:14:36.4</b>		<b>01:40:17.3</b>	<b>6.9</b>
59.	<b>13</b>	<b>JEGAT Veronique</b>	<b>F</b>	<b>(17.)</b>	<b>FRA</b>	<b>M4F (6.)</b>	<b>NARBO NORDIK CLUB</b>		<b>00:23:10.4</b>	<b>00:47:59.0</b>	<b>01:14:27.5</b>		<b>01:42:04.4</b>	<b>6.8</b>
60.	10	AUGEY Bernard	M	(43.)	FRA	M6M (8.)	1921045 MAUGUIO CARNON ATHLETISME	034	00:23:25.3	00:49:05.3	01:16:06.2		<b>01:43:33.7</b>	6.7
61.	<b>2</b>	<b>POLLET Sophie</b>	<b>F</b>	<b>(18.)</b>	<b>FRA</b>	<b>M2F (3.)</b>	<b>1881311 ASSP VERGEZE</b>	<b>030</b>	<b>00:24:57.5</b>	<b>00:49:50.2</b>	<b>01:16:37.4</b>		<b>01:43:52.3</b>	<b>6.7</b>
62.	<b>61</b>	<b>DALMASSO Denis</b>	<b>M</b>	<b>(44.)</b>	<b>FRA</b>	<b>M2M (2.)</b>	<b>COURIR A VAUVERT</b>		<b>00:24:38.5</b>	<b>00:49:11.9</b>	<b>01:16:38.9</b>		<b>01:44:58.3</b>	<b>6.6</b>
63.	40	TOIRON Sandrine	F	(19.)	FRA	M2F (4.)	1757456 ASSP VERGEZE	030	00:25:29.5	00:52:05.3	01:19:16.8		<b>01:46:25.4</b>	6.5
64.	<b>39</b>	<b>DESGAIN Sophie</b>	<b>F</b>	<b>(20.)</b>	<b>FRA</b>	<b>M3F (2.)</b>	<b>1496292 ASSP VERGEZE</b>	<b>030</b>	<b>00:25:29.4</b>	<b>00:52:06.1</b>	<b>01:19:18.8</b>		<b>01:46:25.4</b>	<b>6.5</b>
65.	80	BERTRAND Jean-Marie	M	(45.)	FRA	M9M (1.)	504327 ENTENTE SPORTIVE NORD VAUCLUSE*	084	00:26:02.3	00:52:36.1	01:19:51.8		<b>01:46:37.7</b>	6.5
66.	<b>4</b>	<b>LANSAC Helene</b>	<b>F</b>	<b>(21.)</b>	<b>FRA</b>	<b>M0F (1.)</b>			<b>00:26:04.1</b>	<b>00:53:59.5</b>	<b>01:20:20.9</b>		<b>01:48:13.6</b>	<b>6.4</b>
67.	23	PIOGER Vincent	M	(46.)	FRA	M5M (14.)	2484621 MAUGUIO CARNON ATHLETISME	034	00:24:58.5	00:51:52.2	01:19:35.1		<b>01:49:22.7</b>	6.3
68.	<b>28</b>	<b>LYNGE Nancy</b>	<b>F</b>	<b>(22.)</b>	<b>FRA</b>	<b>M8F (1.)</b>	<b>2496046 MARCHE NORDIQUE EN PYRENEES</b>	<b>066</b>	<b>00:27:07.7</b>	<b>00:54:52.2</b>	<b>01:22:49.8</b>		<b>01:51:22.5</b>	<b>6.2</b>
69.	<b>82</b>	<b>LENCE Lucie</b>	<b>F</b>	<b>(23.)</b>	<b>FRA</b>	<b>M1F (2.)</b>	<b>COURIR ENSEMBLE A ST GENIES</b>		<b>00:26:18.9</b>	<b>00:54:57.9</b>	<b>01:23:24.1</b>		<b>01:52:05.6</b>	<b>6.2</b>
70.	<b>5</b>	<b>PARAMO Marie-Jeanne</b>	<b>F</b>	<b>(24.)</b>	<b>FRA</b>	<b>M5F (3.)</b>	<b>AMICALE HERAULT</b>		<b>00:26:52.7</b>	<b>00:55:12.4</b>	<b>01:24:13.5</b>		<b>01:54:33.9</b>	<b>6.0</b>
71.	14	LARMOYER Claude	M	(47.)	FRA	M8M (2.)	1863979 VILLIERS SPORT & CULTURE	078	00:28:44.8	00:59:57.5	01:29:35.8		<b>01:59:44.2</b>	5.8

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72.	55	GERMAIN	Nicole	F	(25.)	FRA	M7F	(1.)		00:27:16.7	00:56:34.9	01:27:33.4		01:59:52.4	5.8